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POPULATION

6,992,395

Total Population of Massachusetts

10,418

Native Hawaiian and Pacific Islander (NHPI) (Alone or In Combination)*

2,659

Native Hawaiian (NH) (Alone or In Combination)*

AGE DISTRIBUTION

Overall Population NHPI* Population

1,368,408 **2,771**

Under 18 years Under 18 years

4,218,076 **7,152**

18 to 64 years 18 to 64 years

1,221,349 **762**

65 years & older 65 years & older

GENDER

3,575,630 **3,416,765**

Female Population Male Population

5,757 **4,928**

NHPI* Female NHPI* Male

1,411 **1,270**

NH* Female NH* Male

EDUCATION

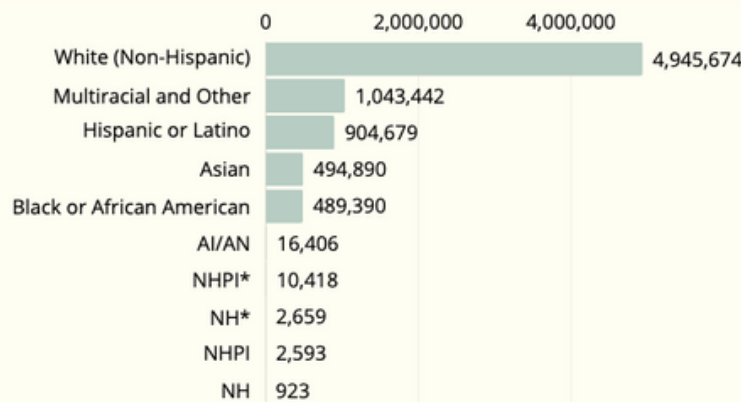
93.9% **89.1%**

High School Graduate or Higher NH* High School Graduate or Higher (2021)

52.0% **46.9%**

Bachelor's Degree or Higher NH* Bachelor's Degree or Higher (2021)

RACE & ETHNICITY



NH COUNTIES

2,133
NHPI* in Middlesex County

1,722
NHPI* in Essex County

1,540
NHPI* in Suffolk County

HOUSEHOLD

2023
2,762,070

Total Households

708,205

Families with Children Households

2.45

Average Household Size

2021
805

Total NH* Households

265

NH* Families with Children Households

3.02

Average NH* Household Size

2021
3,608

Total NHPI* Households

1,134

NHPI* Families with Children Households

2.83

Average NHPI* Household Size

INCOME & POVERTY

\$101,341 **\$85,327** **\$72,500**

Median Household Income (2023) NH* Median Household Income (2021) NHPI* Median Household Income (2021)

676,516 **401** **1,436**

Persons Below Poverty Line (2023) NH* Persons Below Poverty Line (2021) NHPI* Persons Below Poverty Line (2021)

Resources for Native Hawaiians in Massachusetts

- **Cultural Foods, Festivals, Programs, & Resources**

- Hawaiian Music and Culture in the Greater Boston and New England Area: https://www.kalena.com/hawaiian_culture_boston.html
- Hawaiian Food by Paradise Multimedia: <https://www.orderhawaiianfood.com/>
- Asian Pacific American Heritage Resources: <https://asianpacificheritage.gov/index.html>

- **Educational Resources**

- Boston University Hawaii Cultural Association: <https://sites.bu.edu/buhca/>
- MIT Club of Hawaii: <https://alumcommunity.mit.edu/topics/29888/page/home>
- Hawai'i Club of Boston College: <https://www.instagram.com/bchawaiiclub/>
- Wellesley College Pacific Islander Association: <https://weengage.wellesley.edu/pia/home/>
- Brandeis University Hui 'o Laulima: <https://campusgroups.brandeis.edu/laulima/home/>
- Massachusetts Educational Opportunity Association (MEOA): <https://www.meoaonline.org/>
- Massachusetts Teacher Association: <https://www.massteacher.org/>
- National Education Association - Teaching Asian American, Native Hawaiian, and Pacific Islander Heritage: <https://www.nea.org/professional-excellence/student-engagement/tools-tips/teaching-asian-american-native-hawaiian-and-pacific-islander-heritage>
- Common Sense Education - NHPI learning resources: <https://www.common sense.org/education/articles/free-learning-resources-to-celebrate-native-hawaiian-and-pacific-islander>
- AAPI Data - <https://aapidata.com/>
- Asian Pacific Americans in Higher Education (APAHE): <http://apahenational.org/>
- National Pacific Islander Educator Network (NPIEN): <http://www.npien.com/>

- **Social and Support Services**

- National Association of Asian American Professionals (NAAAP): <https://www.naaap.org/>
- Center for Pan Asian Community Services (CPACS): <https://www.cpacs.org/>
- White House Initiative on Asian Americans, Native Hawaiians, and Pacific Islanders (WHIAANHPI) - Resources: <https://www.hhs.gov/about/whiaanhpi/index.html>
- Online resource A Thriving Lāhui: <https://docs.google.com/document/d/1u1QkZ0ZMUTFc6tfzyjTZYoUixCC8H9p5rcQsKCmdHk/mobilebasic>

- **Health and Wellness**

- Massachusetts General Hospital Asian American Native Hawaiian and Pacific Islander Health Resources: <https://libguides.massgeneral.org/AANHPIhealth>
- MAP for Health: <https://www.maphealth.org/>
- UMass Boston AAPI Mental Health Support Services: <https://www.umb.edu/resources4u/mental-health-and-staying-safe-from-violence/asian-american-pacific-islander-support-services/>
- The National Asian American Pacific Islander Mental Health Association (NAAPIMHA): <https://www.naapimha.org/>
- The AANHPI 'Ohana Center of Excellence: <https://aanhpi-ohana.org/>
- Association of Asian Pacific Community Health Organizations (AAPCHO): <https://aapcho.org/>
- Asian & Pacific Islander American Health Forum: <https://www.apiahf.org/>

Resources for Native Hawaiians in Massachusetts

• Advocacy and Legal Assistance

- Mass Cultural Council's Native American & Indigenous People's Equity Plan (FY25-27): <https://massculturalcouncil.org/about/our-equity-work/native-american-indigenous-peoples-equity-plan-fy25-27/>
- Asian American & Pacific Islanders Commission: <https://aapicommission.org/>
- Empowering Pacific Islander Communities (EPIC): <https://www.empoweredpi.org/>
- National Asian Pacific American Women's Forum (NAPAWF): <https://napawf.org/>
- National Queer Asian Pacific Islander Alliance: <https://www.nqapia.org/>
- OCA-Asian Pacific American Advocates: <https://www.ocanational.org/>
- Stop AAPI Hate: <https://stopaapihate.org/>
- Native Hawaiian Legal Corporation: <https://nativehawaiianlegalcorp.org/>
- Office of Hawaiian Affairs: <https://www.oha.org/>


• Finance, Business, and Labor Support


- The Boston Foundation: [https://www.tbf.org/nonprofits/grant-making-initiatives/asian-community-fund#:~:text=The%20Asian%20Community%20Fund%20\(ACF\)%20at%20the,designed%20to%20galvanize%20and%20unite%20the%20diverse](https://www.tbf.org/nonprofits/grant-making-initiatives/asian-community-fund#:~:text=The%20Asian%20Community%20Fund%20(ACF)%20at%20the,designed%20to%20galvanize%20and%20unite%20the%20diverse)
- Rural Community Toolbox: <https://www.ruralcommunitytoolbox.org/funding/topic/american-indians-alaska-natives-and-native-hawaiians>
- Asian American Advocacy Fund: <https://asianamericanadvocacyfund.org/>
- Council for Native Hawaiian Advancement: <https://www.hawaiiancouncil.org/>
- Asian Pacific American Labor Alliance (APALA): <https://www.apalanet.org/>
- Native Hawaiian Organizations Association (NHOA): <https://www.nhoassociation.org/>


• For more resources and information, visit polhi.org/Listening


Stay updated on Native Hawaiian opportunities and resources:

 www.papaolalokahi.org

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Data Sources:

- U.S. Census Bureau's QuickFacts and USAFacts websites
- American Community Survey
- All data sources are based on 2023 information unless noted otherwise

Abbreviations:

- NH: Native Hawaiian
- NH*: Native Hawaiian (Alone or In Combination)
- NHPI: Native Hawaiian and Pacific Islanders (Alone)
- NHPI*: Native Hawaiian and Pacific Islanders (Alone or In Combination)