

INTRODUCTION (KAPEHSE)

Nin duwen kempahn roson mwahu nan wein Hawaii, eh kasaledahr me laudlahn doadoahngki wini kahrehda sohte uhd mehla nan wein Hawai'i, pil sipele de daulih me mekihla aksiden en weren nansapw.

Sohte duwehte aksiden en sidohsa, ah aramas me kin doadoahngki wini irail kalapw sohte pwungki pwehki doadoahngki wini kaidehn e mweimweida duwehte diraip.

Aramas koaros, iangahki me kin doadoahngki wini me tehte ahneki pwuhng ohng kahluwa pen roson, de woahkian en mour mwahu.

Opioids me keiou kahrehda laudlahn doadoahngki wini oh me pil udahn keper ohng ahnsou me kapatpatpenehn de ke doadoahngki sakau en wai oh pil soangen wini teikan duwehte methamphetamines.

Mehn kaweid wet sawaskihda mengihtik pwe en kak kilelehdi oh kapwurehla laudlahn wini me komwi ale ni ahmw pahn doadoahngki naloxone (Narcan) sipirehi in nan tumwe. Naloxone iei winien kamwahwihala opioid operdous de doadoahngki opioid sipelehla. Menlau komwi kak sawas oh sehr mengihtik pwukat oh pil koangongehki mehteikan me komw ese ren kin kak wewa seli naloxone.

NALOXONE IEI MEHN PEREHLA OPERDOUS

Ahnsoun doadoahngki ni pwung, wini Naloxone (Narcan)kak pweida oh kapwurehdo operdous. Aramas me kin doadoahngki Opioid anahne en wewaseli Naloxone ahnsou koaros pwehki ahnsoun laudla de operdous in Opioid ah komwi en kak doadoahngki. Aramas me tohkte kan kosoiaher me e iang de ahniki Opioid udahn anahne en kin wewaseli Naloxone. Naloxone sohte uheng koasoned, komwi kak en wewaseli oh pil doadoahngki. E ka ken perehla de sewese aramas emen me alehdi operdous in Opioid.

- Komwi sohte anahne kisin likou sang rehn toahkte ohng doadoahngki naloxone
- komwi sohte pahn pwukoahki dahme pahn pwarada mwurin doadoahngki naloxone
- komwi kak tehk Act 68 (SB 2392)

ME PIDADA MEHN KAWEID WET

Mehn kaweid wet me pidada Naloxone kokoudahsang Hawai'i Health Harm Reduction Center de (H3RC). Audepe de oralap kan wiawi sang H3RC's Opioid operdous card de daropwehn kaweid ohng doadoahngki Opioid laudla, SAMHSA de dipwisoun kaweid ohng doadoahngki opioid laudla, oh pil CDC Naloxone Fact Sheet, oh pil sang California Consortium ohng Urban Indian Health. Anahne sawas? Eker Hawai'i Health Harm Reduction ohng kaskuhl oh distribution Go to [hhrc.org/request a training](http://hhrc.org/request-a-training)

Email: info@hhrc.org

Tel: (808) 521-2437



@HHRC_
@PAPAOLALOKAHI



KILELEHDI, PASAPENG, & KAPWUREH DO OPIOID OPERDOUS



POHNPEIAN



HAWAII HEALTH
& HARM REDUCTION CENTER



Papa Ola Lokahi
Nāna I Ka Pono Nā Ma

MA KOMW MWELIKIH ME MIE ME IANG OPIOID OPERDOUS



1 - NANTIHONG KAPIR IRAILDA

Idek ma sohng koaros mwahu. Itik pwopwe oh pil iris nan mwarmware doadoahngki de "iris tihn nan mwarmware" Doadoahngki kumwutin pehmw kan iriski tihn nan mwarmwareh. Ma aramaso kehnda wasa e sohte operdous.

2 - EKER 911

Ma e sohte kehnda wasa de medek eker 911 kowe nda

"KEMPOAKEPAHI ET SOLAHR KEHN WASA DE LOPWONGMAS OH E SOHTE ESINGEK"



3 - DOADOAHNGKI NALAXONE PWE EN KAPWUREHLA DE KIHSAANG OPIOID OPERDOUS

Kihsaang kidipen Naloxone sipirehi sohte songisongki sipirehi pwe 1 dous ohng ehu mehn doadoahk de sipirehi.

Ehute dous ohng nan ehu misihn de sipirehi

4 - DOADOAHNGKI NALOXINE(NARCAN) MEHN SIPIREHI EN NAN TUMWE

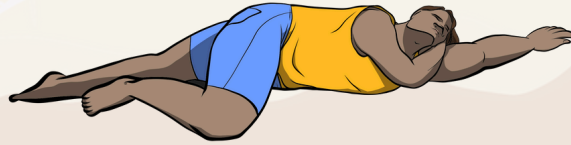
Kolada sipirehi kiheng sendin pehmw laud pohn mehn pwomw ah sendin peh keriau oh mehn nan werenge kiheng ni pengepengen mehn pwomw



Padikolong wawai nan pworen tumwe pwe koaros en kak kohla mwahu nan pwohr en tumwe

5 - SONG ARAMAS MENO EN KAK KEKEHN WASA OH ESIESINGEK

Kauehdi aramaso en keingihng pwe en kak doarehsang mwopwula.



Naloxone kak doadoahk ohngete lepin ahnsou. tohtohsang ehu dous kak pil anahnepe nan ekei pali, keiu ma operdous mwekid o pil iangahki wini me kin pahsang ohpis en wini pwe en doadoahk ohng wini en medek.

6 - MA ARAMAS MENO SOHTE KEHND A MWURIN MINIT 2 DE 3

Ke kak kiheng keriaun dous in wini naloxone doadoahngki sipirehi kapw oh uhd padikehng nan pwoaren tumwe teio. Mihmi rehn aramas menet lau soun sawas lelodo.

Naloxone sipirehi kak doadoahk minit 30-90. Mwurin mwo ma aramas menet pahn pwurehng lelohng Opioid nan palinweren aramas menet kak pil kahrehda ehu operdous.

Note: de mehn ketemen ma aramas menet saik kehnda wasa, ah mwein mie ehu soangen soumwahu nan palinweren aramas menet oh sohte kasuwed pen naloxone. Kataman call 911 pwe soun sawas kan en kak sewesehda aramaso.

DAHKOT OPIOIDS?

Opioid iei me iangahki winihkan mehn kamwahuihla medek songen morphine, codeine, oxycodone, hydrocodone, oh pil buprenorphine, de pil wini suwed de wini me kosoned kan songen heroine de pil wini teikan me kin doadoahk ohng nan wini en medek ape.

DAHKOT OPIOID OPERDOUS?

Opioid soumwahu en nsensued de pil masepwehk kak wiahng ahmw mwahliel, mohngiong, oh ngolingol ah pahn kin doadoahk wawai. Ma ke alehda de doadoahngki Opioid laudla, ahmw mohngiong oh ngolingol kak uhdi ara doadoahk pene

DAHME KAHREHDA?

Sohng tohto me kak kahrehda opioid operdous, me iangahki doadoahngki lapalahla tehtekhan me kin dolpene de wini, lamalam de madamadau tikitikla, wini me sohte pwung de pil kohwa soumwahu me pid soumwahu en eh de kahpwal en esingek.

IA MWOMWEN OPIOID OPERDOUS?

Me keiou keper ohng opioid operdous iei mwopwula, mohngiong oh soumwahu lusulus.

Aramas me operdous kak ahneki ehu de sohng pwukat koaros.

- Poh suwed
- Dangepel
- Poh reirei kilin owe de kikin peh
- Pworen mese pahn kin dadahr/tikitik wasa toantaal en nan pworen mese
- Esingek wawai de moamoar
- Uhdi esingek de pwomw en mohngiong
- Aramaso sohte kak pirida